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IMPORTANT NOTICE!

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Notify the office promptly of any change of address, in order that mailing list and addresses in the Register may be corrected.

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EDITORIAL NOTES.

As a rule, your editor objects to the personal tone in editorial matter and carefully avoids it.

TAKE A VACATION. You may search in vain through the pages of your JOURNAL for a single reference to the editor of any journal, by name. To refrain from personal mention of, or attack upon, the editor of another publication, by name, is about the first unwritten law of general journalism; it is almost invariably violated by medical editors, for some peculiar reason. That is merely incidental, however, to the subject in mind and will be considered all by itself, some day. Your editor, "This 'yere Jones," "Jones," or "Brother Jones" (Oh slush!), all of which expressions are quotations from our various "esteemed contemporaries" and are, presumably, supposed to be either sarcastic or commiserating, has just returned from a *real* vacation. For the first time in more than a decade, he deliberately, and with malice aforethought, left his office, stole away and got lost in the redwoods, and *played*, really and truly *played*, for nearly three weeks! It took a good deal of auto-persuasion to do it, but the result was well worth the struggle. Have you tried it? If not, do it by all means; if you have, then you can realize, and sympathize with, the feeling of absolute rest that comes when you do not know what is happening elsewhere—and don't care; when you refuse to worry or be worried about anything in Heaven or on earth; when cares and burdens slough

off and you get right down to good old Mother Nature and renew your strength and your youth. Many men in many publications, lay and medical, have preached the necessity for taking a vacation, an absolute rest, every year; yet few of us ever act upon this that we know to be good, sound advice. More than all others, the physician, whose life work is a never ending succession of nerve-racking cares and responsibilities, should seek this entire freedom from them that can only come by getting near to the heart of all things—Nature. These few words were begun with the intention of making them an apology, but they seem to be drifting toward a sermon!

If you, whose eye happens to glance at this, are one of the several hundreds of people who have

written to the editor or the secretary or the JOURNAL during the past three weeks or so and has had no reply, please consider the foregoing sermon on taking a vacation and forgive the apparent inattention to your missive. In going over the mail, quite a number of letters more or less like this have been found: "On (such a date) I wrote you asking whether Takethemon's Spoopjew had been approved by the Council on Pharmacy. As yet I have not had any reply. Please let me hear from you at once." Please forgive! He to whom you wrote was away, trying to forget (and succeeding remarkably well!) that such predatory creatures as proprietary manufacturers existed and that they had forced the formation of a Council; forgetting the hypocrisy of the medical (?) journal craft (it ought to be spelt "graft") in taking a physician's honest money and then foisting upon him advertisements of worse than worthless nostrums. Somebody once said that "the world is a pretty good place—except for the people in it." Get away from most of them, and then you come to realize that there are a good many pretty decent people in the world after all. So there you are, and here is the end of the apology and the "heart to heart talk with the Lady from Philadelphia."

A very important ordinance of the city and county of San Francisco seems to have been overlooked for some time, and is

IMPORTANT ORDINANCE. brought to our attention by the San Francisco County Medical Society, with the request that it

be given publicity. Apparently the ordinance was approved some five years ago, but unless we are greatly mistaken it has not been called to the attention of the medical profession in that city. It would be well for other communities to enact such an ordinance, if they have not done so, or to enforce the order if it should be found to exist:

"Whereas, Experience demonstrates that varioloid is frequently mistaken for varicella, and many lives thereby imperiled; therefore

"Be it ordained by the people of the City and County of San Francisco as follows: